

COMMON MISTAKES'

1 in 4
Americans choose
the wrong level of coverage.

"autopilot"

choosing the benefits each year

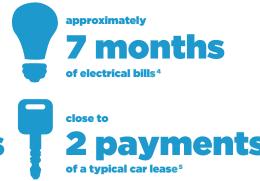
only contribute the right amount in flex spending.

6 in 10
are not aware
of policy changes.

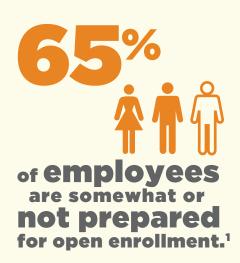
WHAT MISTAKES COULD COST

56%
of workers
estimate they
waste up to
\$750
each year on
benefits mistakes.1





HOW TO CHOOSE THE RIGHT BENEFITS



- ✓ Seek advice from HR or insurance consultants to help understand your benefits coverage
- ✓ Be aware of annual insurance policy changes to avoid costly mistakes
- Calculate yearly medical expenses to plan for appropriate flex spending contributions

For more information, visit AflacWorkForcesReport.com

SOURCES:

- 1 2012 Open Enrollment Survey, part of the Aflac WorkForces Report, a national online survey of 2,500 U.S. consumers, conducted in July 2012 by Research Now and released by Aflac.
- 2 Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, February 2011
- 3 Lundberg Survey (2012), "Retail Gasoline Price Turnaround," http://www.lundbergsurvey.com/csp_c.aspx, accessed on July 30, 2012
- I U.S. Energy Information Administration, http://www.eia.gov/energyexplained/index.cfm?page=electricity_home#tab2, accessed on August 1, 2012
- 5 Edmunds.com, http://www.edmunds.com/car-leasing/leasing-is-back-with-some-new-twists.html, accessed on August 1, 2012.

