

Dental coverage pays off in more than smiles

Here's something your clients and their employees can likely agree on: Dental coverage is an important part of any benefits plan. In fact, dental insurance is the most elected supplemental benefit by employees.¹ And while dental care is primarily about healthy teeth, it's also about a healthy mind and body – and a healthier bank account.



More than 1 in 4 adults in the U.S. have untreated tooth decay.²



1 in 4 people without dental insurance reported their overall health has gotten worse in the past year compared to those with dental insurance.³



There is a clear connection between a person's dental health and their mental health.⁴



40% of adults without dental insurance reported cost is the reason they haven't visited the dentist in two years, compared to 14% of adults with dental insurance.⁵



Poor oral health is connected to cardiovascular disease, diabetes, pneumonia, dementia, rheumatoid arthritis and osteoporosis.⁵



Poor oral health during pregnancy can lead to poor health outcomes for mother and baby.⁶

Help clients provide their employees with the dental care they want and need. Contact your Aflac representative about dental coverage today.

¹ 2023 Aflac Workforces Report. "Workplace Benefits Trends Executive Summary." Published November 2023. [Accessed 2.05.24.](#)

² CDC Adult Oral Health. "Facts about adult oral health." [Accessed 2.08.24.](#)

³ Dental economics. "New data: Americans are still not getting the dental care they need." Nov. 28, 2022. [Accessed 2.08.24.](#)

⁴ American Psychiatric Association. "How dental health and mental health are connected." Sept. 19, 2023. [Accessed 2.08.24.](#)

⁵ NY Times. "Why oral hygiene is crucial to your overall health." April 6, 2023. [Accessed 2.08.24.](#)

⁶ CDC. Oral health. "Pregnancy and oral health." [Accessed 2.08.24.](#)



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NOTICE: The coverage offered is not a qualified health plan (QHP) under the Patient Protection and Affordable Care Act (ACA) and is not required to satisfy essential health benefits mandates of the ACA. The coverage provides limited benefits.

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