## **DID YOU KNOW?**

**68% of midsize-business (100-499) workers** say it is extremely or very important that they have access to a benefits advisor during their benefits enrollment. This is higher than their peers at small businesses with fewer than 100 employees **(54%)** and large businesses with 500 or more employees **(59%)** and shows that these employees place a high value on their employers' offering the option to speak to a benefits expert either in person, online or over the phone.

## **HEALTH, WELLNESS + THE POWER OF BENEFITS**



**34% of midsize-business employees** state their personal mental health negatively affected their job performances last year. **All company sizes: 34%.** 



**50% of employees** say taking paid time off is viewed as positive at their company. **All company sizes: 50%.** 

39% say taking a leave of absence is viewed in a positive light. All company sizes: 39%.



**53% of employees** say they couldn't pay \$1,000 or more in out-of-pocket costs. **All company sizes: 46%.** 

**82% of employers** believe their employees can financially meet their health care obligations. **All company sizes: 81%.** 



**52% of midsize-business workers** have high anxiety about health care costs beyond what their insurance covers. **All company sizes: 51%.** 

## THE STATE OF WORKPLACE BENEFITS



**47% of workers** purchased at least one new benefit as a result of the pandemic, with life, critical illness and mental health resources topping the list. **All company sizes: 44%.** 





**49% of employees** are highly interested in purchasing supplemental insurance to help cover the financial costs related to COVID-19 and other pandemics.

All company sizes: 45%.



**85% of employers** are highly satisfied with their organization's COVID-19 response.

All company sizes: 84%.

**67% of midsize-business employees** are highly satisfied with their employer's response. **All company sizes: 67%.** 



**64% of employers** experienced an increase in benefits costs in the past year. **All company sizes: 60%.** 

## **BENEFITS ENROLLMENT + THE INFORMED BENEFITS CONSUMER**



71% of midsize-business employers think employees understand costs well. All company sizes: 72%.

57% of employees say they do. All company sizes: 59%.



**61% of the workforce** say they prefer working with a benefits advisor in person.

All company sizes: 53%.

33% prefer a video meeting. All company sizes: 31%.

30% prefer online chat.

All company sizes: 30%.



**64% of employees** say medical bill negotiation is stressful, followed by trying to understand what insurance or benefits they need. **All company sizes: 58%.** 



**83% of employers** say their benefits providers demonstrated care for their workforces during the pandemic. **All company sizes: 84%.** 

**68% of employees** agree their benefits company cares for them.

All company sizes: 65%.



The 2021-2022 Aflac WorkForces Report is the 11th annual Aflac study examining benefits trends and attitudes. Conducted by Kantar on behalf of Aflac, the employer survey was conducted online June 28-July 14, 2021, and the employee survey was conducted online June 28-July 16, 2021. The surveys captured responses from 1,200 employers and 2,000 employees across the United States in various industries. For more information visit aflac.com/awr.

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