DID YOU KNOW?

More employers in the health care industry (19%) believe their employees do not have enough options readily available to help them meet their health care financial obligations, much higher than the 11% across all industries.

HEALTH, WELLNESS + THE POWER OF BENEFITS



30% of employees state their personal mental health negatively affected their job performances last year. **All industries: 34%.**



46% of employees say taking paid time off is viewed as positive at their company. **All industries: 50%.**

32% say taking a leave of absence is viewed in a positive light. All industries: 39%.



52% of health care employees say they couldn't pay \$1,000 or more in out-of-pocket costs. **All industries: 46%.**

72% of employers believe their employees can financially meet their health care obligations. **All industries: 81%.**



43% of workers have high anxiety about health care costs beyond what their insurance covers. **All industries: 51%.**

THE STATE OF WORKPLACE BENEFITS



37% of health care workers purchased at least one new benefit as a result of the pandemic, with life, critical illness and mental health resources topping the list. **All industries: 44%.**





37% of employees are highly interested in purchasing supplemental insurance to help cover the financial costs related to COVID-19 and other pandemics.

All industries: 45%.



74% of employers are highly satisfied with their organization's COVID-19 response.

All industries: 84%.

58% of employees in health care are highly satisfied with their employer's response.

All industries: 67%.



52% of employers experienced an increase in benefits costs in the past year. All industries: 60%.

BENEFITS ENROLLMENT + THE INFORMED BENEFITS CONSUMER



63% of employers in the health care sector think employees understand costs well. All industries: 72%.

51% of employees say they do. All industries: 59%.



52% of the workforce say they prefer working with a benefits advisor in person.

All industries: 53%.

18% prefer a video meeting.

32% prefer online chat. All industries: 31%. All industries: 30%.



55% of employees say medical bill negotiation is stressful, followed by trying to understand what insurance or benefits they need. All industries: 58%.



71% of employers say their benefits providers demonstrated care for their workforces during the pandemic. All industries: 84%.

62% of employees agree their benefits company cares for them. All industries: 65%.



The 2021-2022 Aflac WorkForces Report is the 11th annual Aflac study examining benefits trends and attitudes. Conducted by Kantar on behalf of Aflac, the employer survey was conducted online June 28-July 14, 2021, and the employee survey was conducted online June 28-July 16, 2021. The surveys captured responses from 1,200 employers and 2,000 employees across the United States in various industries. For more information visit aflac.com/awr.

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